



# 武道

## THE BUDO CHARTER

(BUDO KENSHO)

'BU ~ DO' – literally means 'Martial Way' and refers to the code upon which all Martial Arts are based. The following is an excerpt from a decree authored by the Japanese Budo Association (Nippon Budo Kyogikai) that encompasses the true spirit of the Martial Arts.

Budo – the Japanese Martial Ways, have their origins in the age-old martial spirit of Japan. Through centuries of historical and social change, these forms of traditional culture evolved from combat techniques (jutsu) into ways of self-development (do). Seeking the perfect unity of mind and technique, Budo has been refined and cultivated into ways of physical training and spiritual development. The study of Budo encourages courteous behaviour, advances technical proficiency, strengthens the body, and perfects the mind.

### ARTICLE 1: OBJECTIVE OF BUDO

Through physical and mental training in the Japanese martial ways, Budo exponents seek to build their character, enhance their sense of judgement, and become disciplined individuals capable of making contributions to society at large.

### ARTICLE 2: KEIKO (TRAINING)

When training in Budo, practitioners must always act with respect and courtesy, adhere to the prescribed fundamentals of the art, and resist the temptation to pursue mere technical skill rather than strive towards the perfect unity of mind, body, and technique.

### ARTICLE 3: SHIAI (COMPETITION)

Whether competing in a match or doing set forms (kata), exponents must externalise the spirit underlying Budo. They must do their best at all times, winning with modesty, accepting defeat gracefully, and constantly exhibiting self-control.

### ARTICLE 4: DOJO (TRAINING HALL)

The DOJO is a special place for training the mind and body. In the dojo, Budo practitioners must maintain discipline, and show proper courtesies and respect.

### ARTICLE 5: TEACHING

Teachers of Budo should always encourage to also strive to better themselves and diligently train their minds and bodies, while continuing to further their understanding of the technical principles of Budo. Teachers should not allow focus to be put on winning or losing in competition, or on technical ability alone. Above all, teachers have a responsibility to set an example as role models.

### ARTICLE 6: PROMOTING BUDO

Persons promoting Budo must maintain an open-minded and international perspective as they uphold traditional values. They should make efforts to contribute to research and teaching, and do their utmost to advance Budo in every way.