



GKR KARATE
KARATE FOR EVERYONE

GET READY FOR THE NEXT LEVEL WITH OUR OFFICIAL GKR KARATE KATA VIDEOS

- ✓ The best resource to learn or practise kata at home
- ✓ Available in packs tailored to your grade level
- ✓ Step-by-Step direction from multiple viewpoints



VISIT: ONLINEDOJO.GKRKARATE.COM/SELECT-YOUR-COUNTRY OR SCAN HERE >

GET READY FOR KUMITE

BUY THE SET AND SAVE

DISCOUNT KUMITE PACK (MALE) \$125 (NORMALLY \$136)
TOKAIDO GLOVES, TOKAIDO SHIN GUARDS, MOUTH GUARD & GROIN GUARD

DISCOUNT KUMITE PACK (FEMALE) \$105 (NORMALLY \$116)
TOKAIDO GLOVES, TOKAIDO SHIN GUARDS & MOUTH GUARD



COMPLETE THE FORM BELOW & RETURN TO
YOUR SENSEI TO ORDER YOUR PACK

ORDER FORM

☐ DISCOUNTED MALE PACK ☐ DISCOUNTED FEMALE PACK ☐ PURCHASE ITEMS INDIVIDUALLY

TOKAIDO GLOVES

\$40 IF PURCHASED INDIVIDUALLY

Colour: ☐ Red ☐ Blue

Size: ☐ S ☐ M ☐ L ☐ XL

TOKAIDO SHIN GUARDS

\$70 IF PURCHASED INDIVIDUALLY

Colour: ☐ Red ☐ Blue

Size: ☐ S ☐ M ☐ L ☐ XL

MOUTH GUARD

\$6 IF PURCHASED INDIVIDUALLY

☐ Jnr ☐ Snr

GROIN GUARD

\$20 IF PURCHASED INDIVIDUALLY

☐ Child ☐ Jnr ☐ Snr

ADDITIONAL KUMITE ITEMS ALSO AVAILABLE:



CHEST GUARD & LYCRA TOP \$70

☐ 10A ☐ 12A ☐ 14C
☐ 10B ☐ 12B ☐ 14D

LYCRA TOP ONLY \$45

☐ 10 ☐ 12
☐ 14



COOL GUARD & LYCRA TOP \$70

☐ XXS ☐ XS ☐ S
☐ M ☐ L ☐ XL

LYCRA TOP ONLY \$45

☐ S ☐ M
☐ L ☐ XL

Students Name: _____

Dojo: _____

Contact Person: _____

Phone: _____

Date Ordered: _____

PAYMENT

☐ CASH OR PLEASE CHARGE MY ☐ VISA ☐ MASTERCARD

TOTAL PAYMENT: _____

Credit Card Number

□□□□ □□□□ □□□□ □□□□

Expiry Date

□□ / □□

CVV

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Name on card: _____

Signature: _____

Amount: \$ _____



GKR KARATE
KARATE FOR EVERYONE

TRAINING EQUIPMENT ORDER FORM



REGULAR GI \$70

(Includes badge & white belt)

☐ 00000 ☐ 0000 ☐ 000 ☐ 00 ☐ 0 ☐ 1
☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7



STUDENT JACKET \$85

☐ 5XS ☐ 4XS ☐ 3XS ☐ 2XS ☐ XS ☐ S
☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL



ZANSHIN II PREMIUM GI \$135

(Includes embroidered badge)

☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7



CASUAL CLUB TEE \$30

Kids ☐ 6 ☐ 8 ☐ 10 ☐ 12 ☐ 14
Ladies ☐ 8 ☐ 10 ☐ 12 ☐ 14 ☐ 16 ☐ 18 ☐ 20
Mens ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL



MASTER PRO+ GI \$175

(Includes badge)

☐ 00 ☐ 0 ☐ 1 ☐ 2 ☐ 3
☐ 4 ☐ 5 ☐ 6 ☐ 7



GKR CAP \$20 ☐

Embossed rubber front,
embroidered back.



TRAINING TEE \$25

Child ☐ 4 ☐ 6 ☐ 8 ☐ 10 ☐ 12 ☐ 14
Adult ☐ S ☐ M ☐ L ☐ XL ☐ 2XL ☐ 3XL



DOJO TRAINING BAG \$75 ☐

Includes carry handles, shoulder
strap & backpack straps. Approx
60cm long, 26cm wide & 30cm high.



BELTS \$10

Colour ☐ Yellow ☐ Orange ☐ Green
☐ Blue ☐ Red ☐ Brown
☐ Black

Size ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7



GKR 500 ML DRINK BOTTLE \$29 ☐

Thermal insulation, drink straw,
rubberised surface.



CLUB BADGE \$10 ☐



CHEST GUARD & LYCRA TOP \$70

☐ 10A ☐ 12A ☐ 14C
☐ 10B ☐ 12B ☐ 14D

LYCRA TOP \$45

☐ 10 ☐ 12
☐ 14



SHIN PROTECTOR \$30

☐ XS ☐ S ☐ M ☐ L



COOL GUARD & LYCRA TOP \$70

☐ XXS ☐ XS ☐ S
☐ M ☐ L ☐ XL

LYCRA TOP \$45

☐ S ☐ M
☐ L ☐ XL

Students Name: _____ Dojo: _____

Contact Person: _____ Phone: _____ Date Ordered: _____

PAYMENT ☐ CASH OR PLEASE CHARGE MY ☐ VISA ☐ MASTERCARD TOTAL PAYMENT: _____

Credit Card Number

Expiry Date

/

CVV

Name on card:

Signature:

Amount: \$